Independent Stairclimbers SC95, SC91, SC85, SC9i, 95Si, 93Si, 90S, and 95Se DISPLAY CONSOLE 95Ce LCD ONLY

WELCOME SCREEN



LCD Console Welcome Screen

The Welcome Screen initially appears after Power-Up or when the bike is not in use. Touching the Screen will change the screen to the WORKOUT SELECTION screen.

Independent Stairclimbers SC95, SC91, SC85, SC9i, 95Si, 93Si, 90S, and 95Se DISPLAY CONSOLE 95Ce LCD

WORKOUT SELECTION SCREEN



From the Workout Selection Screen you will be able to enter the Systems Option Menu. To enter, go to the Workout Selection Screen then press and hold the COOLDOWN key, and then double-touch the Life Fitness icon.

After entering the System Options the Main Menu will appear. For further information about the programs on this screen, refer to the Operators Manual.

Independent Stairclimbers SC95, SC91, SC85, SC9i, 95Si, 93Si, 90S, and 95Se DISPLAY CONSOLE 95Ce LCD

SYSTEM OPTIONS - MAIN MENU



The System Options - Main Menu selections, when pressed, allows access to the System Test Menu, Information Menu, and Configuration Menu.

Pressing the screen Exit key will return you back to the Workout Selection Screen.